

Splendid Salads

Bountiful salads with home-made dressings always on the side & fresh baked bread.

Caesar Salad

Crisp romaine, parmesan, & focaccia croutons with house made Caesar dressing.
Small...\$3.95 Large...\$6.95

Mixed Green Salad

Crisp greens, tomatoes, carrots, cucumbers & croutons with honey lime dressing
Small...\$3.95 Large...\$6.95

Mediterranean Salad

Fresh greens, tomatoes, cucumbers, black olives, roasted red peppers, feta cheese, & tangy Greek vinaigrette.
Small...\$4.50 Large...\$7.45

Tasty Trio

A sampling of each our house-made chicken-walnut, albacore tuna and fresh fruit salads served on a bed of fresh greens.
Small...\$4.50 Large...\$7.45

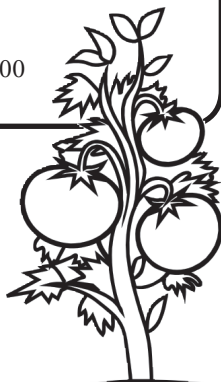
Fiesta Salad

Fresh greens topped with seasonal fruits, mandarin oranges and sliced almonds with raspberry vinaigrette.
Small...\$4.50 Large...\$7.45

ADD TO ANY SALAD!

Grilled Chicken...+\$2.25
 Smoked Salmon...+\$4.75
 Tuna or Chicken Salad...+\$3.00

All our dressings are made fresh from our kitchen with the best ingredients... buttermilk ranch, raspberry, honey-lime cilantro, Caesar, Greek & balsamic vinaigrette.



Soda Fountain

	Small 12 oz	Large 16 oz
Cappuccino.....	\$2.89	\$3.29
Latte.....	\$2.89	\$3.29
Chai.....	\$2.89	\$3.49
Mr's Bs Citrus Tea.....	\$2.19	
Hot Cocoa.....	\$2.99	
Mocha.....		\$3.89
Coffee/Tea.....	\$1.79	
Steamer.....	\$2.89	
Daily Lattes.....	\$3.89	
Apple Cider.....	\$2.19	
Espresso: 1 shot.....	\$1.49	
2 shot.....	\$1.79	
Soy Milk.....	add 50¢	
Add a Syrup.....	add 50¢	
Amaretto*, apple, black currant, blackberry, blueberry, butterscotch, candied banana, caramel*, cinnamon, cherry, coconut, cranberry, dark chocolate*, gingerbread*, hazelnut*, Irish cream, jasmine, kiwi, lavender, lemon, lime, macadamia nut, strawberry, mango, maple spice, acai, blood orange, desert pear, honey, passion fruit, peach*, peanut butter, peppermint, pineapple, praline, raspberry*, rose, toasted marshmallow, toffee nut, vanilla*, violet, watermelon, white chocolate and pomegranate! *Indicates sugarfree options available.		
	20 oz	
Shakes.....	\$4.99	
Malts.....	\$4.99	
Italian Soda.....	\$2.49	
Egg Cream.....	\$2.79	
Root Beer Float.....	\$4.49	
Ice Cream Sodas.....	\$4.49	
Orangecicle.....	\$4.49	
Banana Split.....	\$5.99	
Sundaes.....	\$4.49	
Pie a la Mode.....	\$4.99	
Ice cream: 1 scoop.....	\$1.99	
2 scoops.....	\$3.29	

Ask about kid portions for soda fountain fans under 10 years!

Delectable Desserts

While They Last! Cookies, Double Chocolate Brownies, Chocolate Kahlua Bars, Tart Lemon Bars, Raspberry Oatmeal Squares, Banana Breads, & More!

Specialty Cakes & Cupcakes

Please see our new cake menu for details!

Cupcake Menu

Demi Size.....\$1.99 each & \$21.99 dozen
 Deluxe Size.....\$2.99 each & \$32.99 dozen



"It Tastes Like Fiona's!"

Fiona's Delicatessen & Catering Deli Menu

2009-2010

**Monday-Saturday 8am – 7pm
 Sunday 8am – 5pm**

**1001 East Harmony Road
 Fort Collins, CO 80525**

Southwest corner at Harmony & Lemay

What's Cooking at Fiona's?

Sometimes there aren't enough hours in a day to think of what to fix for dinner, let alone shop for it and prepare it. Fiona's prepared foods are the perfect solution! All the convenience of take-out without sacrificing quality or taste! Travel back to the comforts of home and enjoy the treat of gourmet cooking without messing up the kitchen! This is what take out should be about!



970-530-2120

www.fionasdeli.com

Superior Soups

Full of flavor! Incredible soups! From Clam Chowder to Chilled Gazpacho, just ask what's available today!

**Small - 8 oz... \$3.50
 Large - 12 oz... \$4.50
 Quart - 32 oz... \$10.95**



FIONA'S COMBO!... \$6.95

Your choice of two of the following:

- Small Soup & Fresh Bread
- Small Mixed Green Salad
- Small Caesar Salad
- Fiona's Rusher Sandwich!

Kid's Menu

You have to be 10 or under to enjoy these options!

Kid Sandwiches... \$4.95

A kid-sized sandwich served on Fiona's white bread, unless you say otherwise. You choose: turkey, ham, grilled cheese or pbj.

Condiments? Mayo, mustard (yellow, of course), lettuce or tomato.

Kid Meal Deal... \$6.45

A kid sandwich with a mini side of fruit & kid drink (milk available).

Kid Breakfast... \$4.95

French toast sticks and syrup, or scrambled egg & cheese sandwich with fresh fruit.

Bountiful Beverages

Really cool deli sodas, fountain drinks & lemonade, juices, teas & chocolate milk! And always fresh brewed coffee & tea.



Deli Sandwiches

POULTRY

#4 Pat's Vacation...\$6.45

Hand cut chicken salad made with chopped onion, celery, mayo & toasted walnuts with crisp lettuce on sourdough

#5 Joanne's Private Club...\$8.45

Grilled chicken breast, thick sliced smoked bacon, muenster cheese, lettuce, tomato & red pepper mayo on grilled sourdough

#26 Jim's Gonna Win...\$5.95

Fiona's homemade kickin' egg salad & crisp lettuce on sourdough

#6 Tara's Reuben...\$8.45

Roast turkey, Swiss cheese, coleslaw & lots of Russian dressing on grilled pumpernickel

#7 Elizabeth's Cure...\$6.95

Stacks of roast turkey, crisp lettuce, tomato & mayo on whole wheat Add Cheese...\$1.25

#17 Andrew's It's Got Wang!...\$8.45

BBQ chicken, smoked thick sliced bacon, cheddar cheese & herbed sour cream on grilled sourdough

#39 Serena's Second Chapter...\$6.95

House roasted turkey, muenster cheese, sweet & spicy mustard & red onion on pannini grilled focaccia

#40 Austin's Awesome Addition...\$6.45

Roast turkey, maple cream cheese and caramelized onions on toasted english muffin bread

#41 Grace's Amazing Chicken Pita...\$6.45

Grilled chicken, crisp romaine, shredded parmesan & Fiona's caesar dressing on pita bread

#42 Dan's Happy Camper...\$8.95

Grilled chicken, applewood smoked bacon, raspberry-chipotle sauce & brie cheese on pannini grilled sourdough

#43 Big Boss's First Hit...\$7.45

Roast turkey, basil pesto mayo, thinly sliced red onion, sundried tomato pesto & provolone on pannini grilled focaccia

VEGGIE

#11 Gus Does Taos...\$7.95

Fresh avocado, fire-roasted green chilies & red peppers, muenster cheese & tomato with red pepper mayo on grilled sourdough

#12 Sutch As It Is...\$8.45

Swiss & cheddar cheeses, sliced tomato, slivered carrots, cucumber, onions, spinach & hummus with balsamic dressing on grilled pumpernickel

#18 Clark's Hometown Hope...\$8.95

Sautéed mushrooms, roasted red peppers, sundried tomato pesto & crumbled feta on grilled sourdough

#29 Sue's Rules...\$7.95

Creamy brie cheese spread with raspberry-chipotle sauce & toasted almonds on toasted English muffin bread

#30 Rosie's Roundup...\$6.95

Homemade hummus, balsamic roasted vegetables & fresh spinach on pita bread with a side of tzatziki

#31 Heather's Fancy Schmancy Grill Cheese...\$6.45

Cheddar, muenster, swiss & provolone cheeses with sweet & spicy mustard on grilled english muffin bread

#32 Shon's Cheesy Club...\$7.95

Provolone, swiss & muenster cheeses melted over balsamic roasted vegetables with lettuce, tomato & fresh herbs on a pita

#47 Tara Lee's A True Honey...\$6.95

Colorado honey, creamy peanut butter & toasted almonds on homemade banana bread

BEEF, PORK & LAMB

#1 Fiona's Reuben...\$8.45

Corned beef, Swiss cheese, sauerkraut & Russian dressing on grilled rye

#3 Bill's Investment...\$9.95

Corned beef & pastrami with Swiss & muenster cheeses, sweet & spicy mustard on grilled rye

#10 Dave's Fave...\$8.45

Hot pastrami, grilled onions, herbed cream cheese, lettuce & tomato on pumpernickel

#23 Einar's Gyros Get Real!...\$6.95

Real! roasted lamb with Real! lettuce, tomato, onion, feta cheese & tzatziki sauce on Real! pita bread

#24 Jenkins Option...\$8.45

Black forest ham & Swiss cheese with lettuce & tomato with sweet & spicy mustard on rye

#25 Cynthia's Reward...\$6.95

Applewood smoked bacon (the best you've ever had!), lettuce, tomato & mayo on toasted sourdough

#54 Matt's Grateful Sub...\$9.95

Italian salami, house roasted turkey & pastrami, provolone cheese, lettuce, tomato, onions, green chilies, herbs & balsamic dressing on a French roll

#33 Brad's BBQ'N...\$7.45

Colorado roasted beef smothered in tangy bbq sauce with cheddar cheese, grilled onions & herbed sour cream on a hoagie roll

#34 Brett's Bunch of Meatballs...\$7.95

Slow cooked Italian meatballs with smoked tomato marinara sauce, provolone & parmesan cheeses on a warm hoagie

#35 Solomon's Wise Choice...\$7.45

Herb roasted beef, sharp cheddar, lettuce, tomato & red onion with kicky horseradish mayo on thick sliced sourdough

#36 Kelly's Grant...\$7.95

Grilled roast beef with caramelized onions, pepperoncini, roasted red pepper, melted American cheese & balsamic dressing on a hoagie

#44 Scott's Insistence Pays Off...\$8.95

Chopped liver, applewood smoked bacon, sautéed onions, American cheese & red pepper mayo on grilled sourdough

#45 Paul's Picnic...\$7.95

Thinly sliced corned beef piled high with zesty coleslaw, ripe tomatoes & Russian dressing on pumpernickel

#48 Sandy's Western BLT...\$8.45

Applewood smoked bacon, avocado, green chilies, lettuce, tomato & red pepper mayo on toasted sourdough

FISH

#14 Ed's Snaggin' Salmon...\$8.95

Fiona's house smoked salmon, roast garlic cream cheese, tomato & red onion on pumpernickel

#16 Shawn Gone Fishin!...\$7.45

Albacore tuna salad made with chopped onion, mayo, celery & fresh lemon topped with cheddar cheese on grilled sourdough

#37 Tim's In Love!...\$7.45

House smoked salmon with crisp romaine & shredded parmesan, tossed with homemade caesar dressing on pita bread

#38 Ben's Smokin' Again...\$8.95

Smoked salmon, creamy brie, lettuce, tomato & basil pesto mayo on toasted english muffin bread

Breakfast Sandwiches

Comes with a side of grilled home-style redskin potatoes!

#50 Hardy's More Brie Please...\$6.95

Eggs, savory sausage patties & brie cheese on toasted challah bread. Mmm!

#51 Jasmin's Morning Magic...\$6.95

Apple wood smoked bacon, eggs, fresh tomatoes, American cheese & roasted red pepper mayo on grilled English muffin bread

#52 Cathy's Boston Accent...\$6.95

Black Forest ham, eggs, cheddar cheese & our sweetly blended maple cream cheese on grilled English muffin bread

#53 Tory's Rise-n-Shine...\$6.95

Fresh avocado, fire roasted green chilies, pepper jack cheese & eggs with red pepper mayo on grilled English muffin bread

Breakfast Burritos...\$5.95

In a Rush? From Fresh Pico de Gallo and bacon, to Chorizo and potato...these chef selected daily specials will heat you up in a hurry!

Serena's Savory Quiche...\$3.99

Daily Varieties to choose from!



Breakfast Pastries Galore!

Cinnamon Rolls...\$2.99

Huckleberry Buckle Cake...\$3.99

Muffins...\$2.99

Breakfast Breads...\$2.00

Banana, Pumpkin & Raspberry Oatmeal